

grocery

SAVE \$2.00

7⁴⁹



Camino Organic Shredded Unsweetened Coconut (200g)

SAVE \$3.50

13⁴⁹



Camino Organic Pure Cacao Powder (224g)

4⁰⁰
OFF



Cocoa Camino Organic & Non-Organic Chocolate Chips Assorted (225g)

20%
OFF



Stahlbush Island Farms Frozen Vegetables/Fruits Assorted (283-340g)



SAVE \$1.00

4⁹⁹



Sunrise Soya Foods Smoked Tofu Assorted (180g)

Skin~safe

25%
OFF



Eco by Naty Diapers/Training Pants Assorted (17-33ct)

SAVE \$1.00

3⁴⁹



Kettle Potato Chips Assorted (156-198g)

SAVE \$2.00

5⁴⁹



Eco-Max Dish Soap Assorted (740mL)

SAVE \$1.50

6⁴⁹



Alter Eco Chocolate Bars Assorted (75-84g)

SAVE \$1.00

4²⁹



Cha's Organics Organic Coconut Cream (400mL)

SAVE \$1.00

4²⁹



Cha's Organics Organic Premium Coconut Milk (400mL)

SAVE \$1.00

5⁶⁹



Cha's Organics Organic Coconut Whipping Cream (400mL)

3⁰⁰
OFF



Anita's Organic Mill Baking Oats Assorted (900-1kg)

25%
OFF



Anita's Organic Mill Flours Assorted (500-2kg)

SAVE \$2.00

6⁹⁹



Mutti Passata Sauce Assorted (680mL)

SAVE \$1.50

5⁶⁹



Mutti Tomato Paste (156mL)



3⁰⁰
OFF



Lundberg Organic Rice Assorted (454-907g)

SAVE \$3.50

11¹⁹



Raincoast Trading Company Albacore Tuna Assorted (150g)

25%
OFF



Nuts To You Nut Butter Selected Assorted Butters

20%
OFF



DJ&A Snacks Assorted (45-100g)

SAVE \$1.50

6¹⁹



Lesser Evil Popcorn Assorted (142g)

SAVE \$1.50

6⁹⁹



Amano Foods Miso Assorted (400g)

SAVE \$2.00

7⁴⁹



Numi Assorted Organic Tea or Coffee (12-18ct)

SAVE \$3.00

5⁴⁹



Deebee's Organics Organic Superfruit Freezie (10x40mL)

SAVE \$1.00

2⁷⁹



Thirsty Buddha Functional Soda Assorted (355mL)

SAVE \$1.00

2¹⁹



Loop Cold Pressed Wellness Shots Assorted (60mL)

produce

BC GROWN

1⁹⁹
/LB

Organic Sugar Pumpkins



BC GROWN

1⁹⁹
/LB

Organic Kabocha Squash



BC GROWN

1⁹⁹
/LB

Organic Red Onions



BC GROWN

2⁴⁹
/LB

Organic Gala Apples



meat



10%
OFF

Paleo Beef Bacon



10%
OFF

Chicken Drumsticks



25%
OFF

Pork Heart, Tongue, Liver

health

SAVE \$5.00

29⁹⁹

NAKA Organic
Pumpkin Seed Oil
(500 mL)



SAVE \$6.00

33⁹⁹

LIVING ALCHEMY
Defense (60 caps)

deli



SAVE 50¢

5⁴⁹
/100G

Salami Finocchiona



20%
OFF

Green Olives



20%
OFF

Edam Cheese



SAVE \$1.00

11⁹⁹

Chicken Pot Pie



SAVE 50¢

4⁹⁹

Greens Hummus



SAVE \$5.00

28⁹⁹

WELEDA Make Up
Removing-Cleansing Oil
(150 mL)