

grocery

25% OFF

Cha's Organic
Spices Assorted
(6-30g)



SAVE \$1.00

6⁴⁹

Amy's Kitchen Assorted
Organic Chilli (398mL)



Ready in Minutes

20% OFF

Amy's Kitchen Assorted
Burrito Wraps (142-170g)



SAVE \$1.00

3⁴⁹

Kettle Potato
Chips Assorted
(156-198g)



SAVE \$2.00

9⁹⁹

Red Crown Organic
Pomegranate Juice
Assorted (1L)



SAVE 80¢

1⁹⁹

Clif Organic
Energy Bars
Assorted (68g)



SAVE \$1.50

3¹⁹

Cooler Co.
Assorted Yerba
Mate (473mL)



SAVE \$2.50

7⁴⁹

Genuine Tea
Co. Organic Herbal
Teas Assorted (30g)



SAVE \$1.50

7⁴⁹

Rise Assorted
Kombucha (1L)



SAVE \$2.00

8⁹⁹

Egglife Wraps
Assorted (170g)



2⁰⁰ OFF

Oatly Oat Based
Drinks Assorted
(946mL-1L)



SAVE \$1.50

5⁴⁹

Daiya Dairy
Alternative Cheese
Shreds Assorted (200g)



SAVE \$1.50

4⁴⁹

Sunflower Kitchen
Assorted Organic
Hummus Dips (227g)



SAVE \$1.00

4¹⁹

Taylor's Potato Chips
Assorted (150g)



SAVE 99¢

7⁰⁰ FOR 2

Go Macro Assorted
Energy Bars (65g)



SAVE \$2.50

6⁴⁹

Deebee's Organics
Superjuice Freezie
(10x40mL)



SAVE \$2.00

6⁹⁹

Nuts to You
Peanut Butter
Assorted (750g)



SAVE \$1.00

4⁶⁹

Ilios Organic Broths
Assorted (946mL)



SAVE \$1.00

3²⁹

Ilios Crostini Crackers
Assorted (175g)



SAVE \$5.00

9⁹⁹

Solly's Craft Soda
Assorted (4x355mL)



SAVE \$1.50

4⁹⁹

Nature Clean
Dish Soap
Assorted (740mL)



2⁰⁰ OFF

**Crunch
Worth
Craving**

Nature's Path Ecopac
Bag Organic Cereals
Assorted (170-907g)



SAVE \$3.00

14⁹⁹

Nature's Path Organic
Love Crunch Granola
Assorted (700g)



SAVE \$2.00

5⁹⁹

Nature's Path
Organic Gluten Free
Granola Assorted (312g)



SAVE \$1.00

4⁹⁹

Nature's Path Organic Frozen
Waffles Assorted (210g)



produce

BC GROWN

1⁹⁹
/EA

Organic Corn



BC GROWN

2⁹⁹
/EA

Organic Green Kale



PRODUCT OF NEW ZEALAND

7⁹⁹
/EA

Kiwi Fruit (1lb)



PRODUCT OF MEXICO

1⁹⁹
/EA

Organic Ataulfo Mango



meat

SAVE \$2.00

12⁹⁹

BBQ Pulled Pork



20% OFF

Fresh Sausages

health



SAVE \$8.00

41⁹⁹

NOW Red Mineral Algae
(180 Caps)

SAVE \$6.00

15⁹⁹

TRACE Minerals
Ionic Zinc (60 mL)



deli

SAVE \$1.00

14⁹⁹
/EA

Assorted Cookies 8 Pack



25% OFF

Green Olives



25% OFF

Edam Cheese



SAVE \$1.00

9⁹⁹
/EA

Chicken Sandwich



SAVE \$1.00

9⁹⁹
/EA

Ham Sandwich



SAVE \$5.00

20⁹⁹

GENESIS Tallow
Deodorants (All
Varieties) (74mL)