

grocery

SAVE \$2.50 **Soda-licious**

12⁴⁹ 

Fentiman's Assorted Carbonated Pop (4 x 275mL)



SAVE \$2.50

6⁴⁹

Mutti Passata Assorted (680mL)



SAVE \$1.50

4¹⁹

Mutti Tomato Paste (156mL)



SAVE \$1.50

4⁴⁹

Eco-Max Dish Soaps Assorted (740mL)



1⁵⁰ OFF

So Delicious Ice-Cream Bars Assorted (250-335g)



SAVE 50¢

3⁴⁹

Justin's Dark Chocolate Nut Butter Cups Assorted (40g)



SAVE \$2.00

11⁹⁹

Farm Girl Cereal Assorted (280g)



SAVE \$2.50

8⁴⁹

Field Roast Vegan Sausages (340-368g)



SAVE \$3.00

10⁹⁹

Bubbies Pickles Assorted (1L)



SAVE \$2.50

9⁴⁹

Maison Orphee Fresh Mayonnaise Assorted (440mL)



30% OFF

Garofalo Pasta Assorted (400-500g)



SAVE \$1.50

6⁴⁹

Zazubean Chocolate Bars Assorted (80-85g)



SAVE \$2.00

5³⁹

Cha's Organics Organic Coconut Rolls Assorted (100g)



SAVE \$4.00

15⁹⁹

Nuts to You Nut Butter Almond Butter Assorted (735g)



SAVE \$2.50

9⁴⁹

Red Crown Organic Pomegranate Juice Assorted (1L)



SAVE \$2.50

11⁴⁹

Greens Organic Rice Assorted (900g)

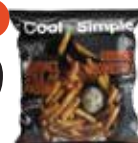


Rice & Shine!

SAVE \$2.50

8⁴⁹

Cool & Simple Frozen Fries & Potatoes Assorted (500-600g)



SAVE \$2.50

8⁴⁹

Field Roast Vegan Sausages (340-368g)



SAVE \$2.00

5⁹⁹

Earth's Own Barista Blend Milk Assorted (946mL)



SAVE \$1.00

3⁶⁹

Earth's Own Shelf Stable Oat Milk Assorted (946mL)



SAVE \$1.00

5⁹⁹

Earth's Own So Nice Organic Almond Milk (1.75L)



SAVE \$1.00

7⁴⁹

Elmhurst Oat Creamers Assorted (473mL)



SAVE \$1.50

4⁴⁹

Well Juicery Cold Pressed Juices Assorted (333mL)



25% OFF

Eco by Naty Diapers Assorted (17-33ct)

Skin Safe



SAVE \$1.50

6¹⁹

Bob's Red Mill Baking Mixes Assorted (368-440g)



SAVE \$1.50

7⁴⁹

Manitoba Harvest Granola Assorted (283g)



20% OFF

Manitoba Harvest Hemp Seeds & Hearts Assorted (200-454g)



produce

BC GROWN

3.49
/EA

Organic Green Kale



BC GROWN

3.49
/EA

Organic Green Leaf Lettuce



PRODUCT OF MEXICO

4.99
/LB

Organic Green Grapes



PRODUCT OF MEXICO

4.99
/LB

Organic Red Grapes



health



SAVE \$2.00

16.99
/KG

Pork Burgers

meat



10%
OFF

Hank's Ground Beef



1.00
OFF

Spice Rubs



20%
OFF

SUKIN Skincare
(Full Line Clearance)

deli



25%
OFF

Macedonian Feta



25%
OFF

Kalamata Olives



SAVE 49¢

5.69
/100G

Dry Cured Chorizo



SAVE \$7.00

39.99

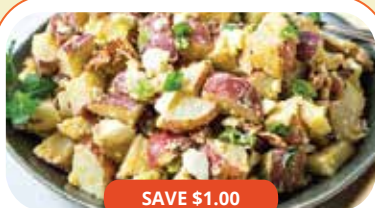
AOR DGL (90 Caps)



SAVE \$1.00

14.99
/EA

Entrée Bowls Assorted



SAVE \$1.00

7.99
/EA

Potato Salad



SAVE \$2.00

15.99

NAHS Wild Organic
Turmeric
Golden Latte (130g)