

**grocery**

SAVE \$5.00

**11<sup>99</sup>**



Partake Non-Alcoholic Beer Assorted (6x355mL) **Zero~Proof**

SAVE \$2.00

**9<sup>99</sup>**



Wildbrine Condiments Assorted (500mL)

SAVE \$2.00

**8<sup>69</sup>**



Wildvine Pickled Onion/Jalapeños (591mL)

SAVE \$1.50

**4<sup>19</sup>**



Ilios Organic Broths Assorted (946mL)

SAVE \$1.00

**3<sup>29</sup>**



Ilios Crostini Crackers Assorted (175g)

SAVE \$1.50

**4<sup>49</sup>**



DJ & A Assorted Snacks (45-90g)

SAVE \$1.50

**7<sup>49</sup>**



Yoggu Probiotic Yogurt Assorted (450g)

SAVE \$1.50

**4<sup>99</sup>**



Eco-Max Cleaning Spray Assorted (800mL)

SAVE \$2.00

**7<sup>49</sup>**



Numi Organic Tea Assorted (18ct)

SAVE \$3.00

**6<sup>99</sup>**



Bob's Red Mill Granola Assorted (312g)

SAVE \$2.00

**9<sup>49</sup>**



Millsie Assorted Creamy Cashew Sauces (300mL)

SAVE 50¢

**1<sup>49</sup>**



HoneyBar Snack Bars Assorted (40g)

SAVE \$2.00

**6<sup>79</sup>**



Endangered Species Chocolate Bars Assorted (85g)

SAVE \$3.60

**8<sup>99</sup>**



Nuts to You Nut Butter Almond Butter Assorted (365g)

SAVE \$2.50

**9<sup>49</sup>**



Wilkin & Sons Ltd. Spreads Assorted (175mL)

SAVE \$1.00

**3<sup>99</sup>**



Humble Brand Potato Chips Assorted (135g)

SAVE \$2.00

**6<sup>49</sup>**



Deebee's Organics Organic Superjuice Freezies (10x40mL)

**25% OFF**

Greens Collection of Assorted Organic Nuts and Mixes (Dried Fruit & Nuts)



**25% OFF**

Felicetti Pasta Assorted (340-500g)



SAVE \$3.00

**14<sup>69</sup>**



Olivado Macadamia Nut Oil (250mL)

SAVE \$1.50

**7<sup>49</sup>**



Rise Kombucha Assorted (1L)

SAVE \$1.00

**2<sup>79</sup>**



Solly's Craft Soda Assorted (355mL)

SAVE \$4.00

**18<sup>99</sup>**



Maison Orphee Organic Sunflower Oil (750mL)

SAVE \$6.00

**27<sup>49</sup>**



Maison Orphee Organic Extra Virgin Olive Oil Delicate (750mL)

SAVE \$1.50

**4<sup>29</sup>**



Loop Mission Cold Pressed Juices Assorted (300mL)

SAVE \$2.50

**9<sup>49</sup>**



Loop Mission Cold Pressed Juices Assorted (1L)

**produce**

BC GROWN

**3.49**  
/EA

Organic Black Kale



BC GROWN

**3.49**  
/EA

Organic Red Leaf Lettuce



PRODUCT OF USA

**2.79**  
/LB

Organic Valencia Oranges



PRODUCT OF USA

**1.49**  
/LB

Organic Cantaloupe Melons



**health**



SAVE \$2.00

**21.99**  
/KG

Cheddar Smokie

**meat**



**10%**  
OFF

Burgers



**1.00**  
OFF

Beef Broth

SAVE \$2.70

**15.29**

BLUME SuperBelly Hydration (All Flavours / Boxed Sachets)



SAVE \$5.50

**49.50**

GANDALF Canadian Astaxanthin (60 Soft Gels)



**25%**  
OFF

Medium Gouda



**25%**  
OFF

Green Olives



SAVE \$1.00

**5.99**

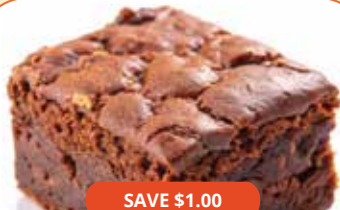
Pork Burgers



SAVE 47c

**4.59**  
/100G

Hot Smoked Pepperoni Stick



SAVE \$1.00

**3.99**

Brownie



SAVE \$3.00

**11.99**

REFRESH Botanicals Organic Aloe Gel with Hyaluronic Acid (100mL)

