

grocery

SAVE \$4.00

30⁹⁹



Canadian Heritage Assorted Organic Maple Syrup (1L)



SAVE \$2.00

16⁹⁹

Canadian Heritage Assorted Organic Maple Syrup (500mL)



SAVE \$1.50

8⁴⁹

Canadian Heritage Organic Maple Syrup Assorted (250mL)



SAVE \$3.00

15⁹⁹

Eco-Max Laundry Soaps Assorted (1.5L)



SAVE \$1.50

2⁹⁹

Honey Stinger Energy Chews Assorted (50g)



SAVE 50¢

2⁴⁹

Taste of Nature Organic Dark Chocolate Snack Bars Assorted (40g)



SAVE \$1.50

2⁴⁹

Loop Fresh Fruit Soda Assorted (355mL)



SAVE \$1.50

2²⁹

Loop Sparkling Iced Teas Assorted (355mL)



SAVE \$1.50

5⁴⁹

Angie's Popcorn Assorted (125-198g)



SAVE \$1.50

6⁴⁹

Angie's Puffs Assorted (170g)



SAVE \$3.00

9⁹⁹

Maison Orphee Unrefined Canola Oil (500mL)



SAVE \$3.50

18⁴⁹

Maison Orphee Unrefined Sesame Oil (500mL)



1⁵⁰
OFF

Made Good Crackers Assorted (142g)



SAVE \$3.00

15⁹⁹

La Chaudiere Organic Cheese Assorted (340g)



SAVE \$1.50

7⁹⁹

Elmhurst Sour Cream Alternative (227g)



SAVE \$2.50

14⁴⁹

Villa Vainilla Vanilla Mexican (125mL)



SAVE 50¢

2⁴⁹

A Genco Salt Assorted (1kg)



SAVE \$1.00

3⁴⁹

Rise Kombucha Assorted (414mL)



SAVE \$1.50

8¹⁹

Tony's Chocoloney Chocolates Assorted (180g)



SAVE \$2.50

16⁴⁹

Tony's Chocoloney Chocolates Assorted (6x48g)



Easy Organic Eats

SAVE \$3.00

1⁰⁰
OFF

Amy's Burritos Assorted (142-170g)



10⁹⁹

Amy's Pizza Assorted (340-397g)



SAVE \$3.60

11⁹⁹

Nuts to You Nut Butter Organic Smooth Sesame Tahini (735g)



25%
OFF

Bob's Red Mill Gluten Free Baking Oats Assorted (794-907g)



SAVE \$1.50

6⁴⁹

Earth's Own Oat Creamers Café Edition Assorted (946mL)

Make Your Coffee Oat-standing



SAVE \$1.50

5⁴⁹

Earth's Own Oat Milk Assorted (1.75 L)



produce

BC GROWN

1.99
/LB

Organic
Ambrosia Apples



PRODUCT OF USA

4.99
/EA

Organic Blueberries (6oz)



BC GROWN

4.99
/LB

Organic
On-The-Vine Tomatoes



BC GROWN

3.99
/EA

Organic
Romaine Lettuce



meat



SAVE \$2.00

17.99
/KG

The Brazilian Sausage



SAVE \$1.00

8.99
/EA

Chicken Bone Broth

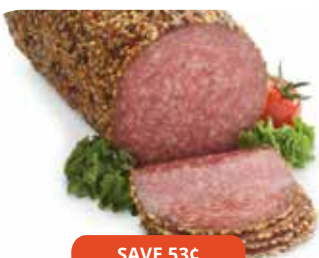


SAVE \$3.00

11.99
/EA

Adobo Pork

deli



SAVE 53¢

5.99
/100G

Gypsy Salami



SAVE \$2.00

18.99
/EA

Frozen Lasagna



SAVE \$1.00

9.99
/EA

Large Banana Loaf



health



SAVE 50¢

1.99

Guelph Bar Soap
Assorted (90g)



SAVE \$2.00

15.99

Desert Essence Shampo
& Conditioner Assorted
(237mL)



SAVE \$3.00

38.99

Salus Organic Red Beet
Crystals (200g)