

**grocery**

**2<sup>00</sup>**  
OFF

Nature's Path Eco-Pac Bag Organic Cereals Assorted (170-907g)



SAVE \$1.00

**4<sup>99</sup>**

Nature's Path Organic Frozen Waffles Assorted (210g)



SAVE \$3.00

**11<sup>49</sup>**

Nature's Path Organic Love Crunch Granola Assorted (700g)



SAVE \$1.00

**High Protein**

**3<sup>49</sup>**

GoMacro Organic Bars Assorted (65-69g)



SAVE \$1.50

**8<sup>49</sup>**

Righteous Gelato and Sorbet Assorted (352-473mL)



SAVE \$1.50

**10<sup>79</sup>**

G.T.'s Kombucha Assorted (1.4L)



SAVE 50¢

**3<sup>49</sup>**

Roar Functional Beverages Assorted (532mL)



SAVE \$1.50

**7<sup>99</sup>**

Elmhurst Sour Cream Alternative (227mL)



SAVE \$2.50

**16<sup>49</sup>**

Eco-Max Laundry Detergent Assorted (3L)



SAVE 50¢

**3<sup>49</sup>**

Brüst Protein Cold Brew Assorted (330mL)



**We're Soy Into Tofu**

**1<sup>00</sup>**  
OFF

Sunrise Soyganic Organic Tofu Assorted (150-500g)



SAVE 80¢

**1<sup>99</sup>**

Clif Energy Bars Assorted (68g)



SAVE \$4.00

**14<sup>99</sup>**

Commercial Drive Coffee Beans Assorted (300g)



SAVE \$1.50

**3<sup>79</sup>**

Cha's Organics Coconut Cream (400mL)



SAVE \$1.50

**3<sup>79</sup>**

Cha's Organics Premium Coconut Milk (400mL)



SAVE \$2.00

**4<sup>69</sup>**

Cha's Organics Coconut Whipping Cream (400mL)



SAVE \$2.00

**7<sup>99</sup>**

Yeshi Food Salad Dressings Assorted (350mL)



SAVE \$1.50

**5<sup>19</sup>**

Maison Orphee Organic Mustard Assorted (250mL)



SAVE \$2.00

**7<sup>99</sup>**

One Degree Protein Granola Assorted (283g)



SAVE \$2.50

**9<sup>49</sup>**

Daiya Dairy Free Plant-Based Pizza Assorted (331-550g)



SAVE \$1.50

**7<sup>79</sup>**

Jack & Annie's Entrees Assorted (204-272g)



**25%**  
OFF

Greens Organic Oats Assorted (500g-1kg)



SAVE 50¢

**1<sup>99</sup>**

Koyo Ramen Noodles Assorted (60g)



**20%**  
OFF

Earthbound Farm Organic Frozen Fruits Assorted (300g)



**Smoothie Season**

**produce**

PRODUCT OF MEXICO

**4<sup>99</sup>**  
/EA

Organic Blackberries



PRODUCT OF MEXICO

**2<sup>99</sup>**  
FOR 2

Organic Ataulfo Mangoes



BC GROWN

**4<sup>99</sup>**  
/LB

Organic Brown & White Mushrooms



PRODUCT OF MEXICO

**2<sup>49</sup>**  
/LB

Organic Zucchini



**meat**

SAVE \$2.00/KG

**17<sup>99</sup>**  
/KG

Italian Fennel Sausage



**10%**  
OFF

Sirloin Steaks



**health**



SAVE \$6.00

**38<sup>99</sup>**

NAKA Liposomal C1000  
(750mL)



SAVE \$8.00

**53<sup>99</sup>**

AOR Quercetin 500mg  
(100 caps)

SAVE \$4.00

**25<sup>99</sup>**

OM Organics Pink  
Coconut Facial  
Mist (105mL)



Seniors Day  
May 5  
Customer  
Appreciation Day  
May 13

**deli**

SAVE \$4.91/KG

**29<sup>99</sup>**  
/KG

Curry Chicken Salad



**25%**  
OFF

Sicilian Olives



**25%**  
OFF

Fontina Cheese



SAVE \$1.00/EA

**10<sup>99</sup>**  
/EA

Tiramisu (16oz)



SAVE \$9.91/KG

**54<sup>99</sup>**  
/KG

Cervelat Salami

