

grocery

30% OFF



Earthbound Farm
Organic Frozen Vegetables
Assorted (255-300g)



SAVE 50¢

7⁹⁹

Partake Non
Alcoholic Beer
Assorted (4 x 355mL)



SAVE \$1.50

3⁴⁹

Que Pasa Organic
Tortilla Chips
Assorted (300-350g)



SAVE \$1.30

3⁹⁹

Free Yumm
Cracker Bites
Assorted (120g)



SAVE \$2.50

7⁴⁹

Millsie Cashew
Dips Assorted
(183g)



SAVE \$4.00

9⁹⁹

Greens Organic
Rice Assorted
(900g)



SAVE \$1.00

4⁴⁹

Gt's Living Foods Organic
& Raw Kombucha
Assorted (480mL)



SAVE \$5.00

29⁹⁹

Canadian Heritage
Organic Maple
Syrup (1L)



SAVE \$3.50

15⁴⁹

Canadian Heritage
Organic Maple
Syrup (500mL)



SAVE \$2.50

7⁴⁹

Canadian Heritage
Organic Maple
Syrup (250mL)



**Stocking
Stuffers** 

SAVE \$1.50

7²⁹

Endangered
Species
All-Natural
Chocolate Bars
Assorted (85g)



SAVE \$1.00

5⁹⁹

Lily's Sweets
Chocolate Bars
Assorted (80-85g)



SAVE \$1.00

4⁹⁹

Alter Eco Organic
Chocolate
Assorted (75-80g)



SAVE \$2.50

7⁴⁹

Camino Assorted
Organic, Fair Trade
Chocolate Bars (80-100g)



SAVE \$1.50

7²⁹

Endangered
Species
All-Natural
Chocolate Bars
Assorted (85g)



30% OFF

Wholesome
Sweeteners Sugar
(Conventional and
Organic) (454-908g)



25% OFF

Garafalo Pasta
Assorted
(400-500g)



SAVE \$1.00

2⁷⁹ FOR 2

Thirsty Buddha
Probiotic Soda
Assorted (355mL)



SAVE \$1.50

4⁹⁹

Nature Clean Liquid
Dish Soap Assorted
(740mL)



SAVE \$3.50

13⁴⁹

Villa Vainilla Mexican
Vanilla (125mL)



SAVE \$2.00

7⁴⁹

Tate's Bake Shop
Assorted
Cookies (198g)



SAVE \$2.50

9⁹⁹

Bubbies Assorted
Pickles (1L)



produce

BC GROWN

2.49
/LB

Organic Ambrosia Apples



PRODUCT OF USA

2.99
/LB

Organic Navel Oranges



PRODUCT OF MEXICO

3.49
/LB

Organic Green Beans



BC GROWN

6.99
/EA

Organic Yellow Potatoes (5lb Bag)



meat



SAVE \$2.00

32.99
/KG

Paleo Friendly Bacon

deli



25%
OFF

Stilton Blue Cheese



25%
OFF

Cerignola Olives

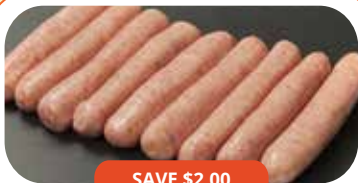
health



SAVE \$3.00

14.99

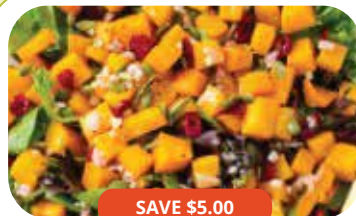
Thayer's Facial
Toner Cucumber
(355 mL)



SAVE \$2.00

22.99
/KG

Smoked Maple Bacon
Breakfast Sausage



SAVE \$5.00

29.90
/KG

Squash Salad



SAVE \$5.00

64.90
/KG

Smoked Turkey



SAVE \$10.00

54.99

Harmonic Arts 5
Mushroom Cacao (375g)



10%
OFF

Pork Roast



SAVE \$1.00

6.99
/EA

Organic Chocolate Chip
Cookies (3 Pack)



SAVE \$7.00

37.99

Harmonic Arts 5 Mushroom
Extract (60 Caps)