

grocery

SAVE \$3.50

13⁴⁹

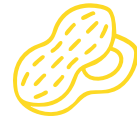


Villa Vainilla Vanilla Mexican (125mL)



SAVE \$4.50

7⁴⁹



Nuts To You Organic Peanut Butter Assorted (750g)



SAVE \$2.50

10⁴⁹

Lundberg Family Farms Organic Rice Assorted (907g)



Must-Have Mustards

SAVE \$2.50

4¹⁹



Maison Orphée Mustard Assorted (250mL)



SAVE \$1.50

7⁴⁹

Camino Organic Shredded Unsweetened Coconut (200g)



SAVE \$5.50

14⁴⁹

Chosen Foods 100% Pure Avocado Oil (500mL)



SAVE \$8.00

16⁹⁹

Chosen Foods 100% Pure Avocado Oil (750mL)



SAVE \$2.50

6⁴⁹

Oil! Toasted Sesame Oil (250mL)



SAVE \$1.50

9⁹⁹

Chosen Foods Avocado Oil Spray (128g)



SAVE \$4.50

13³⁹

Chosen Foods Avocado Oil Mayonnaise (355mL)



SAVE \$2.50

4⁴⁹



Theo Organic Chocolate Bars Assorted (85g)



SAVE \$1.50

2⁷⁹

Theo Organic Peanut Butter Cups Assorted (38g)



SAVE \$2.20

3⁴⁹



Mutti Tomato Paste (156mL)



SAVE \$2.00

4⁹⁹

Mutti Passata Sauce Assorted (680mL)



35% OFF

Anita's Organic Mill Flour's Assorted



SAVE \$3.00

9⁹⁹

Anita's Organic Mill Oats Assorted (1kg)



30% OFF

Garofalo Pasta Assorted (400-500g)



SAVE \$1.50

4⁴⁹

Eco-Max Plant-Based Dish Soaps Assorted (740mL)



SAVE \$2.50

7¹⁹



Ginger People Ginger Natural Pickled Sushi (190g)



SAVE \$2.50

6⁴⁹

Ginger People Organic Ginger Minced (190g)



SAVE \$2.50

7¹⁹



Ginger People Ginger Juice Organic (147mL)



produce

BC GROWN

2⁴⁹
/LB

Organic Gala Apples



BC GROWN

2⁹⁹
/LB

Organic Honeycrisp Apples



BC GROWN

1⁹⁹
/LB

Organic Spaghetti Squash



BC GROWN

2⁴⁹
/EA

Organic Collard Greens



health

flowers



SAVE \$1.00

3⁹⁹

Calluna Scotch Heather (4")



SAVE \$3.00

16⁹⁹

Boston Fern Hanging Basket (10")



SAVE \$1.00

2⁹⁹

Upright Rosemary (4")

meat



SAVE \$2.00

22⁹⁹
/KG

House Smoked Ham



10% OFF

Smoked Pork Hocks



SAVE \$3.00

39⁹⁹
/KG

Capicola

deli



SAVE \$5.00

27⁹⁰
/KG

Honey Ham



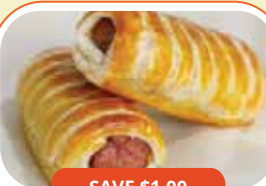
25% OFF

Green Olives



25% OFF

Swiss Cheese Gruyere & Cave Aged Gruyere



SAVE \$1.00

4⁹⁹
/EA

Beef Sausage Roll



SAVE \$1.00

6⁹⁹
/3 PACK

Organic Chocolate Chip Cookies



SAVE \$6.90

62⁰⁹

Naka Bioactive Multi for Women (120 Veggie Caps)



SAVE \$6.90

62⁰⁹

Naka Bioactive Multi for Men (120 Veggie Caps)



SAVE \$5.00

44⁹⁹

Living Alchemy Immune 8 Ultimate Immune Response (60 Vegan Caps)