

grocery

SAVE \$3.00

4⁹⁹

Silk Vegan Cheddar & Mozzarella Cheese Slices (200g)



SAVE \$4.00

3⁹⁹

Antoinette's Assorted Chilled Salsas and Dips (375mL)



SAVE \$2.80

3⁹⁹

Enjoy Life Assorted Lentil Chips (113g)



SAVE UP TO \$4.00

4⁹⁹

Earthbound Farms Organic Frozen Fruit Assorted (300g)



SAVE \$5.70

7⁹⁹

Caulipower Cauliflower Crust Pizzas Assorted



SAVE \$2.50

4⁴⁹

A. Genco Espresso Della Rossa (250g)



SAVE \$5.90

10⁹⁹

A. Genco Pure Grapeseed Oil (750mL)



SAVE \$1.00

1⁹⁹

A. Genco Salt Course or Fine (1kg)



Stock up on your Kitchen Staples



SAVE \$1.70

3⁹⁹ FOR 2

Guayaki Assorted Energy Drinks (458mL)



SAVE \$3.30

8⁹⁹

Karthein's Assorted Organic Sauerkrauts (750mL)



SAVE \$3.50

5⁹⁹

Big Mountain Foods Original Veggie Burger Patty (400g)



SAVE UP TO \$3.00

5⁴⁹

Little Northern Bakehouse Assorted Gluten Free Breads Loaf (454-567g)



SAVE \$7.00

10⁹⁹

Granola King Assorted Granolas (750g)



SAVE \$3.00

6⁹⁹

Loop Assorted Cold Pressed Raw Juices (1L)



produce

BC GROWN

1⁹⁹
/LB

Organic Pink Lady Apples



PRODUCT OF USA

2⁹⁹
/LB

Organic Tango Mandarins



BC GROWN

3⁹⁹
/EA

Organic Spinach Bunch



PRODUCT OF MEXICO

2⁹⁹
/LB

Organic On-the-Vine Tomatoes



health

flowers



SAVE \$2.00

16⁹⁹

Hydrangea (6")



SAVE \$2.00

7⁹⁹

Haworthia (4")



SAVE \$1.00

7⁹⁹

Alstromeria (5 stem)

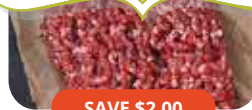
meat



SAVE \$3.00

26⁹⁹
/KG

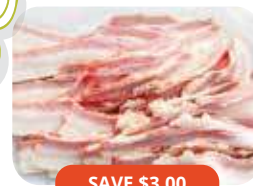
Andouille Beef Smokey



SAVE \$2.00

21⁹⁹
/KG

Dry Aged Ground Sirloin



SAVE \$3.00

27⁹⁹
/KG

Paleo Friendly Bacon

deli



SAVE \$5.00

31⁹⁹
/KG

Tuscan Oven Roasted Ham



25%
OFF

Aged Manchego



SAVE 70c

4²⁹

Greens Assorted Overnight Oatmeal



SAVE \$2.00

3⁹⁹

Saputo Cheese Slices Assorted (160-180g)



SAVE \$3.00

13⁹⁹

Nutrameltz Sublingual Zinc (25mg, 60ct)



SAVE \$7.00

47⁹⁹

Tru Niagen NAD (30 caps)



SAVE \$5.00

25⁹⁹

Wedderspoon Manuka Honey KFactor 16 (250g)