

### grocery

SAVE \$2.00

3<sup>99</sup>

Ecover Assorted Dish Soaps 739mL



SAVE \$2.30

7<sup>69</sup>

Bob's Red Mill Large Flake Food Yeast 142g



SAVE \$1.20

3<sup>49</sup>

Mutti Tomato Paste 156mL



SAVE \$1.80

3<sup>99</sup>

Mutti Assorted Passatas 680mL



Let's Get Lost in Tomato Sauce

SAVE \$2.50

10<sup>99</sup>

Caulipower Assorted Pizzas 310g



SAVE \$2.50

12<sup>99</sup>

Nuts to You Assorted Organic Almond Butter 365g



SAVE \$2.00

5<sup>99</sup>

Mary's Organic Assorted Kookies 142g



SAVE \$2.70

6<sup>29</sup>

Earth Balance Buttery Flavour Spread Original 425g



SAVE \$2.00

7<sup>99</sup>

Wildbrine Assorted Kimchi 500g



SAVE \$2.00

4<sup>99</sup>

Earthbound Farm Assorted Frozen Fruits 300g



**produce**

PRODUCT OF MEXICO

**9<sup>99</sup>**  
/LB

Asparagus



PRODUCT OF CANADA

**1<sup>99</sup>**  
/LB

Navel Oranges



**deli**



SAVE \$6.00

**63<sup>90</sup>**  
/KG

Smoked Applewood Cheddar



SAVE \$1.00

**59<sup>99</sup>**  
/KG

Rosdown Farms Sundried  
Tomato & Basil Turkey Breast



SAVE \$1.00

**6<sup>99</sup>**  
/EA

Greens Orange Cranberry  
Muffins Organic (2PC)



SAVE \$1.00

**3<sup>99</sup>**  
/EA

Greens Date  
Square Organic

PRODUCT OF CANADA

**2<sup>69</sup>**  
/EA

Rainbow Chard



PRODUCT OF MEXICO

**2<sup>49</sup>**  
/EA

Grape Tomatoes 1 Pint



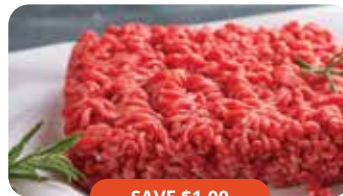
**meat**



SAVE \$2.00

**13<sup>99</sup>**  
/KG

Campbell Valley  
Farms Organic  
Chicken Drumsticks



SAVE \$1.00

**15<sup>99</sup>**  
/KG

Lean Ground Beef Family Pack



SAVE \$3.00

**19<sup>99</sup>**  
/KG

Greens House  
Smoked Ham

**flowers**

SAVE \$4.00

**6<sup>99</sup>**

Bromeliad 4"



SAVE \$1.00

**4<sup>99</sup>**

Oxalis 4"



**health**

SAVE \$3.80

**21<sup>69</sup>**  
/EA

Oneka Body Lotion  
Cedar + Sage 475mL



SAVE \$5.00

**16<sup>89</sup>**  
/EA

Botanica Lavender  
Moon Mylk 110g



SAVE \$6.00

**32<sup>49</sup>**  
/EA

Enerex Serrapeptase  
90,000 SU (120 caps)



SAVE \$8.00

**39<sup>49</sup>**  
/EA

Enerex Serrapeptase  
120,000 SU (180 caps)